Montclair Kimberley Academy

Mental Skills Camp

With MKA's award-winning Head Volleyball Coach Mike Tully

What:
Program to help student-athletes build skill more quickly and deeply, to best transfer those skills to competition, and to meet the challenges of school and sports.

Who:
Girls and boys entering grades 9-12.

When:
Saturday, Aug.10, 10:00 a.m. to 2:00 p.m.

Where:
MKA Middle School Gymnasium, 201 Valley Road, Montclair, NJ 07042

Cost:
$50 -- Checks payable to Montclair Kimberley Academy

Athletes should wear gym attire and bring a water bottle with their name on it. For more information, contact Coach Tully at (973) 800-5836 or email mtully@mka.org.

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Please return this portion with payment of $50 to:

Mike Tully
Attn: Mental Skills Camp
900 Valley Road D-1, Clifton, NJ 07013

Athletes should bring any medical devices such as inhalers or knee braces. Parents should make coaches aware of children's known medical conditions.

Athlete's name (print) _____
Athlete's signature _____

Address _____
Parent's signature and phone_____