

VERONA SOFTBALL



“If you’re not practicing, somebody else is, somewhere,
and they’ll be ready to take your job”
-Brooks Robinson

All Prospective VHS Softball Players & Parents:

My name is Angela Salisbury and I am the new Verona High School Varsity Softball Coach. Previously, I have been the varsity coach at my alma mater Parsippany Hills High School, and I have been coaching junior varsity softball in Verona for six seasons. I am excited to move on to have the opportunity to help take Verona softball into the future and I look forward to working with all of the girls to fulfill our true potential.

As a coaching staff, we believe that in order to compete in our challenging conference, it is *imperative* that our players work in the off-season. We feel these summer workouts are designed to teach and strengthen both fundamental and advanced skills all while incorporating teamwork and bonding even before the season begins. I am inviting all prospective players, freshman through seniors, a chance to come together over the summer for these workouts. These workouts will take place at the FN Brown fields on Mondays from 6-8pm starting June 23 and going until August 11.

A number of our players compete in summer softball leagues that take up a great deal of time, money and energy. If you are already committed to a summer league, please use our summer workouts as a way to practice with teammates, to get to know each other in a casual atmosphere, and to work on softball skills with Verona coaches. Come to the workouts when you can and stay as long as you can.

For those of you who are not committed to a summer league, I highly recommend doing so, as these leagues are a great opportunity to play with girls from other towns and to showcase your softball skills after the high school season comes to an end. If playing on a summer team is not an option for you, then consider joining us every week and getting the most out of our hour together as possible.

Please note that participation in our summer workouts does not guarantee that you will make the team come the spring, but it will give you the best opportunity to do so.

If you have any questions feel free to contact myself at asalisbury@veronaschools.org. Thank you for your time and consideration and I look forward to seeing you all throughout the summer to help us gear up for an exciting, fun and successful softball season.

Angela Salisbury
Verona High School Head Varsity Softball Coach