



**Jewish Family Service of MetroWest
in partnership with Millburn Municipal Alliance Committee
and the NJ Mental Health Players Presents**

Balancing Fear & Freedom: Giving Teen Social Choices

Tuesday, November 11, 2014

7:00 pm

Millburn Public Library, 200 Glen Avenue, Millburn, NJ

This presentation is geared toward parents of middle and high school students.

“Real life” scenarios will be presented and interactive discussions will occur to assist parents gain a new awareness and understanding of teen social issues.

Parents will learn how to help their teens with:

- Balancing academic & social pressures
- Creating safe & healthy boundaries
- Developing appropriate decision making skills

WORKSHOP IS FREE & OPEN TO THE ENTIRE COMMUNITY

Registration required please contact

Sylvia Heller, MPH, Coordinator of Community Programming
at 973-765-9050 ext. 1708 or sheller@jfsmetrowest.org



The JFS Child & Adolescent Services provides comprehensive therapeutic and support services for children, adolescents and parents.

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